

Neuro /Psycho /Pharma Cheat Sheet

- Close relationship between psychiatry and the pharmaceutical industry.
- The psychiatric handbook (DSM) was originally meant as an attempt to categorize phenomena. Later, and rather dubiously, categories of symptoms (like ADHD) changed into mental illnesses. This field has no underlying foundation in the same way that physics has the laws of nature.
- The psychiatric DSM manual plays an important role in mental health care as well as in health insurance, legal issues, etc.
- 69% of the DSM - version 5 - task force members had reported ties with pharmaceutical companies.
- Psychiatric diagnosis is subjective and can be considered to be based on opinions and guesses.
- There is no real evidence that behavioral and cognitive manifestations of mental disorders can be traced back to nerve patterns in the brain. The psychiatric / pharmaceutical argument that chemical products correct deficits in the brain and so cure disorders is an unproven assumption used to support medication.
- Big Pharma money has a huge impact on academic research. Top psychiatrists dominate their field because of generous big pharma research budgets.
- Those experts have a big influence on policymaking, education, treatment guidelines, etc. Independent critical experts are largely ignored.
- Psychiatric medication and electroshock is no more than the control of symptoms. The underlying problems are not cured by psychotropic drugs or electrical currents.
- All psychiatric drugs have dangerous side effects. Long term side effects, such as the effects on children's brains, are insufficiently known. Some psychiatric drugs may cause permanent sexual dysfunction, suicide and even murder.
- Psychiatry can open the way to coercion and control. Psychiatric treatment, especially forced treatment, without offering a good alternative without medication or ECT, is a violation of human rights.



Psychotropic drugs can be considered to be neurotoxins. Long-term use may create physical and mental damage. Side effects of psychiatric drugs include mania, psychosis, hallucinations, depersonalization, violence and murder, suicide, heart attack, stroke and sudden death.

Statement by dr. Thomas Szasz († 2012), professor of psychiatry, psychoanalyst and author:

"I never prescribed a drug. I never gave insulin shock or electric shock. I never committed anyone. I never testified in court that a criminal was not responsible for his crimes. I never saw, as a patient, anyone who did not want to see me."



The "Therapeutic State" is a phrase coined by Thomas Szasz in 1963. The collaboration between psychiatry and government leads to what Szasz called the *therapeutic state*, a system in which disapproved actions, thoughts, and emotions are repressed ("cured") through pseudo medical interventions.



Nederlands Comité voor de Rechten van de Mens (NCRM) is part of CCHR's international network that addresses abuses in psychiatry (CCHR, <https://www.cchr.org/>) and was founded by Scientology (USA) and dr. Thomas Szasz. NCRM is a non-profit foundation. Website www.ncrm.nl